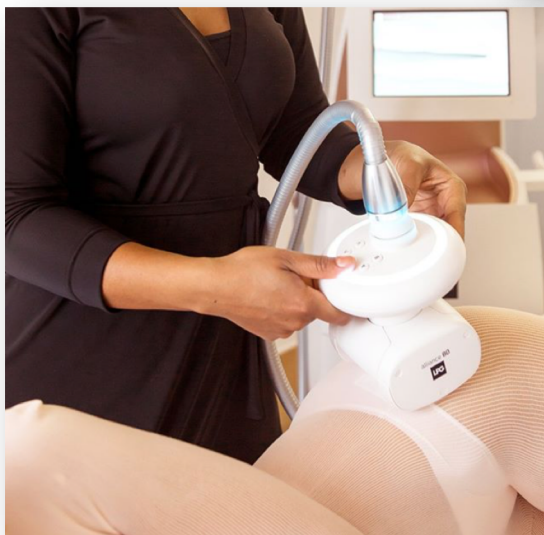


Harper's BAZAAR

5 ways to feel holiday-ready (without having to do very much)

LPG Endermologie for skin smoothing



Of course, there's nothing wrong with cellulite, but there's also nothing wrong with wanting smoother skin when baring your body if that makes you feel more confident. If that's you, know that *Bazaar's* beauty director Katy Young swears by LPG Endermologie, a non-invasive (and pain-free) mechanical treatment that works to improve the quality and appearance of the skin from within. A 2016 study suggested a 67 per cent reduction in cellulite, with visible results in just three sessions.

Approx £3 a minute, currently available at Harrods, Dermaesthetics and Lift up London. Visit endermologie.com

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