

ABSOLUTELY Mama

THE MAGAZINE FOR *STYLISH MUMS*



High glow

S5
S5's Illuminate Serum gets to work on skin prone to environmental damage, reducing pigmentation and boosting luminosity. The formula is made from natural ingredients, including high altitude maca and vitamin C. £52.
s5skincare.com

DEEP CLEAN

LUMITY
Saving time (and space on your bathroom shelf) we're in love with this hardworking new product from Lumity. Made from 31 powerful botanical ingredients, the limited edition 4-in-1 Cleanse removes make-up, deeply cleanses the skin, gently exfoliates and can be left on for the most luxurious masque treatment. £55;
lumitylife.co.uk



5 of the best VITAMIN C

VIT-C-TIGHTENING-SERUM
30ML. £39 vitage.co.uk



VITAL-C-HYDRATING A-C-SERUM.
£76 imageskincare.com



OMDROVICZA DAILY VITAMIN C
£57 get-a-rector.com



SUNDAY RILEY CEO GLOW. £34 get-a-rector.com



OSKIA BEAUTY CAPSULES
£60 get-a-rector.com

wellness **BEAUTY**

Salon Review



Salon Review



LPG
ENDERMOLOGIE®
Words **HELEN**

I'm in Marylebone about LPG endermologie®, the latest natural, and non-aggressive anti-ageing and beauty technology. It's a skin healthier machine but pleasant massage given a demo to pre-pain-free). Not only to firm and smooth stretch marks can it can also encourage healing process, to tissue or reducing of scars. If only I had this after having my second C-section benefits are seen within two months. The machine also common pregnancy painful or heavy-feeling water retention can uterus and surround but by stimulating skin and blood flow the patented treatment lymphatic drainage up to a litre of water leaving patients feeling comfortable - and i

LPG
ENDERMOLOGIE®

Words **HELEN BARON**

I'm in Marylebone to find out about LPG endermologie®, the latest natural, non-invasive and non-aggressive anti-ageing and beauty contouring technology. Put simply: it makes skin healthier from within.

The machine delivers an intense but pleasant massage (I'm even given a demo to prove that it's pain-free). Not only can it be used to firm and smooth excess skin and stretch marks caused by pregnancy, it can also encourage a healthy healing process, loosening scar tissue or reducing the appearance of scars. If only I had known about this after having my last baby - I have a prominent keloid scar from my second C-section. The best benefits are seen if treatments start within two months of giving birth.

The machine also relieves another common pregnancy problem - swollen, painful or heavy-feeling legs. Increased water retention can put a strain on the uterus and surrounding blood vessels - but by stimulating cells underneath the skin and blood flow through the veins, the patented treatment enhances lymphatic drainage. In some cases up to a litre of water can be drained, leaving patients feeling far more comfortable - and instantly lighter! ☺

From £40 for 20 minutes:
● endermologie.com

Available at Mummy MOT
● themummymot.com

