

# ABSOLUTELY Mama

THE MAGAZINE FOR *STYLISH MUMS*



## High glow

**S5**  
S5's Illuminate Serum gets to work on skin prone to environmental damage, reducing pigmentation and boosting luminosity. The formula is made from natural ingredients, including high altitude maca and vitamin C. £52.  
[s5skincare.com](http://s5skincare.com)

## DEEP CLEAN

**LUMITY**  
Saving time (and space on your bathroom shelf) we're in love with this hardworking new product from Lumity. Made from 31 powerful botanical ingredients, the limited edition 4-in-1 Cleanse removes make-up, deeply cleanses the skin, gently exfoliates and can be left on for the most luxurious masque treatment. £55;  
[lumitylife.co.uk](http://lumitylife.co.uk)



## 5 of the best VITAMIN C

**VIT-C-TIGHTENING-SERUM**  
30ML. £39 [vitage.co.uk](http://vitage.co.uk)



**VITAL-C-HYDRATING A-C-SERUM.**  
£76 [imageskincare.com](http://imageskincare.com)



**OMDROVICZA DAILY VITAMIN C**  
£57 [get-a-rector.com](http://get-a-rector.com)



**OSKIA BEAUTY CAPSULES**  
£60 [get-a-rector.com](http://get-a-rector.com)



**SUNDAY RILEY CEO GLOW**  
£34 [get-a-rector.com](http://get-a-rector.com)



wellness **BEAUTY**

Salon Review



Salon Review



**LPG**  
ENDERMOL  
Words **HEE**

I'm in Marylebone about LPG endermologie, the latest natural, and non-aggressive anti-ageing and beauty technology. Put simply: it makes skin healthier. The machine delivers a but pleasant massage given a demo to pre-pain-free). Not only to firm and smooth stretch marks can it can also encourage healing process, to tissue or reducing of scars. If only I had this after having my second C-section benefits are seen within two months. The machine also common pregnancy painful or heavy-feeling water retention can uterus and surround but by stimulating skin and blood flow the patented treatment lymphatic drainage up to a litre of water leaving patients feeling comfortable - and i

## LPG ENDERMOLGIE®

Words **HELEN BARON**

I'm in Marylebone to find out about LPG endermologie®, the latest natural, non-invasive and non-aggressive anti-ageing and beauty contouring technology. Put simply: it makes skin healthier from within.

The machine delivers an intense but pleasant massage (I'm even given a demo to prove that it's pain-free). Not only can it be used to firm and smooth excess skin and stretch marks caused by pregnancy, it can also encourage a healthy healing process, loosening scar tissue or reducing the appearance of scars. If only I had known about this after having my last baby - I have a prominent keloid scar from my second C-section. The best benefits are seen if treatments start within two months of giving birth.

The machine also relieves another common pregnancy problem - swollen, painful or heavy-feeling legs. Increased water retention can put a strain on the uterus and surrounding blood vessels - but by stimulating cells underneath the skin and blood flow through the veins, the patented treatment enhances lymphatic drainage. In some cases up to a litre of water can be drained, leaving patients feeling far more comfortable - and instantly lighter! ☺

From £40 for 20 minutes:  
● [endermologie.com](http://endermologie.com)

Available at Mummy MOT  
● [themummymot.com](http://themummymot.com)

