

# THE TREATMENT TESTER.

*BODY*

*HEALTH & FITNESS*

## LPG ENDERMOLOGIE AT KX LIFE SPA

May 7, 2018 | *Gina Hutchings*

For the last year I have been working hard on my figure. Now I have lost the majority of weight (2 stone) I am at a stage where I have a little more to go but need to tone and tighten.

I have definitely noticed that my skin does not spring back as easily or as subtly as it used to. When I put on weight as a teen and young adult I think my body adjusted far easier than now. My skin seems to be thinner, more marked from stretchmarks and spider veins and generally looser.

Its all a part of ageing but we can work to defy it!



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