



SALON REVIEW



KX Spa

By EVA LEROCQY

Nested in the heart of Chelsea, KX is a luxury high end space providing only the best treatments and services in health, fitness, nutrition and beauty. I am at the KX Spa to experience the Lipomassage created by LPT, the world renowned Endometriology specialist. Endometriology Lipomassage is a non-invasive way to eliminate fat and water retention, cellulite and loose skin. I am greeted by Dimple and before commencing with the treatment we have a lengthy discussion about the procedure, the benefits and the areas of my body I would like to treat. I opt for the back of my legs, inner thighs and stomach. The treatment lasts for 35 minutes and to my complete surprise is just as relaxing as any other massage. Myra had rollers massage the treated areas to manipulate the skin tissue and in turn, stimulate the release of stubborn fat cells. The result is smoother and firmer skin. Although Dimple advises me that a few more sessions are needed to see a lasting result, I immediately see and feel a difference in how tight and soft my skin feels. For anyone looking to firm up and tone the skin, smooth cellulite and reduce fat cells, the Lipomassage is a treatment I would highly recommend.

KX GYM, SPA & RESTAURANT
80 Grosvenor Avenue, Chelsea, SW3 3AL
kxspa.co.uk

BEAUTY NOTES

Sparkling winter scents and the means to create a classic red lip

By NICOLA BROWN

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PARTY PERFECT

COCO NAIL BAR

WY that time of year when parties are aplenty and everyone wants to look their best, The Body Clinic at Coco Nail Bar takes each treatment to meet every client's individual needs. Their non-waxing, semi-permanent Eyebrow Fix and CAGI (caring) treatments are proven to get real results so that you can head into party season feeling your best.

cocothebar.com

LADY IN RED

CHANEL

It's the very essence of femininity. A pure bouquet showcased within an iconic bottle. This legendary timeless fragrance comes available in a limited edition bottle, housed in Chanel's Chanel's favorite colour - red. ladyinred.com



MODERN MUSE

ESTEE LAUDER

Treat yourself to your loved one with the fragrances that capture her style, her confidence, her creative spirit. An alluring contrast of sparkling, fresh and sweet, sensual words, Estee Lauder's Modern Muse is a contemporary classic and now available in a gorgeous gift box. www.esteelauder.co.uk



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