

UK's top alternative wellbeing magazine
NATURAL HEALTH

7 Days To Younger Skin



Dreaming of that flawless, dewy complexion only the youth seem to possess? You're not alone. But you can still turn back the clock, while committing to a clean beauty regime, too. "As we age – actually, from the age of 25 – hyaluronic acid, a naturally occurring compound which retains moisture and prevents wrinkles, in our skin diminishes," explains Kellie Ewins from LPG Endermologie (endermologie.com).

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